



# myoenergyhealth

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## Course Content

### First Section Scenar Therapy

- ▶ Important Information
- ▶ The Therapist – Phillip Hanney
- ▶ What is Myoenergy Therapy?
- ▶ What is Myotherapy (SLM)
- ▶ Balancing the Pelvis
- ▶ What is Scenar Therapy?
- ▶ Scenar 3 Pathways and 6 Points
- ▶ Scenar Relationship with General Zones
- ▶ Sympathetic & Parasympathetic Nerve Gangleon
- ▶ Scenar (possible mechanisms of effect)
- ▶ Collar or Neck Zone
- ▶ Stomach Zone / Abdominal Zone
- ▶ Pelvic Zone (Palm or Gynaecological Zone)
- ▶ Informational Cleansing
- ▶ Stomach Spirals
- ▶ Galina (using "HIGHER" principle)
- ▶ Myoenergy Cross on Point
- ▶ Speeding up Techniques
- ▶ Scenar "Lovatt Brother" Structural Relationship Chart
- ▶ Lovatt Brother
- ▶ Scenar Electrode Spaces for Lovatt Brother Treatment
- ▶ The Asymmetry and the Small Asymmetry
- ▶ Symmetrical Zone
- ▶ Reciprocal Zone
- ▶ Stomach Cross – Rachael's Cross
- ▶ Magic Square
- ▶ Additional Scenar Information
- ▶ Sacral Energy Rising Treatment
- ▶ Meridian Treatment
- ▶ Joint Pain or Injury
- ▶ General Treatment Guideline
- ▶ Additional information
- ▶ Scenar Structural Relationship with Organs /

### Second Section Myotherapy Combined with Scenar Therapy

- ▶ Sciatica/Bulged Discs
- ▶ Helpful acupressure points - Sciatica/Bulged Discs
- ▶ Lower Back Pain
- ▶ Helpful acupressure points - Lower Back Pain
- ▶ Neck Pain/Headaches
- ▶ Helpful acupressure points - Neck Pain/Headaches
- ▶ Shoulder Pain
- ▶ Helpful acupressure points - Shoulder Pain
- ▶ Tennis / Golfers Elbow
- ▶ Plantar Fasciitis/Heel Pain
- ▶ Groin Pain / Pubic Symphysis Helpful acupressure points - Groin Pain
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- ▶ Shin Splints/Compartment Syndrome
- ▶ Carpal Tunnel Syndrome
- ▶ Stomach Pain or Dysfunction
- ▶ Stomach Pain or Dysfunction – Helpful Acupressure Points
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- ▶ Tear of the Calf
- ▶ Additional Information
- ▶ The Bladder Muscle Meridian
- ▶ The Gall Bladder Muscle Meridian
- ▶ The Stomach Muscle Meridian
- ▶ 12 x Main Meridian Channels in Pairs - Conception Vessel and Governing Vessel
- ▶ The Muscular System
- ▶ Acupoints & Meridians – Anterior View

- Body
- ▶ Additional information

- ▶ Acupoints & Meridians – Posterior View
- ▶ Acupoints & Meridians – Lateral View



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